



## Calling all practitioners: Your chance to influence a business case for a self-neglect & hoarding service

We know there is a county-wide gap for a service that can work for a sustained period with individuals with *complex and long standing self-neglecting and/or hoarding behaviours*. Norfolk Safeguarding Adults Board (NSAB) has been working with a number of key partners to develop a business case for a service to work with these cases. **Here is your opportunity to influence the business case.**

We want to hear from as many frontline practitioners from all sectors to help shape the service specification. Please take a few minutes to complete this survey. Then please share it with a colleague and encourage them to fill it in.

Here is the link to the survey:

[Norfolk Safeguarding Adults Board: Self-neglect and hoarding](#)

There is also a link from the NSAB news page (news story dated 16 September 2018).

The survey opens on **Monday 17th September** and closes on **Monday 29 October 2018**.

Also

**Don't miss out on the following NSAB events:**

*Early booking is strongly advised as places for previous workshops and seminars went very quickly.*

**Safeguarding adults & coercive control – an Introduction |  
Thursday 4 October 2018 (choice of two sessions)**

Following the success of the June workshops series we are repeating this training, facilitated by RiPFA.

This **FREE\*** half day workshop aims to increase practitioner and manager confidence in recognising and working with people who have care and support needs and are experiencing coercive control, to lead to better outcomes for this group. The workshop will discuss recent developments in legislation around controlling and coercive behaviour as linked to domestic abuse, and consider how this can be understood in a wider context of adult safeguarding. We'll look at messages from research to inform practice before considering how to make safe enquiries, and how coercion can impact on mental capacity.

[Click here to book a place.](#)

The workshops will take place at **The Willow Centre, 1-13 Willowcroft Way Cringleford, Norwich NR4 7JJ**

**\*PLEASE NOTE:** A late cancellation / non-attendance fee of £75 will apply to: cancellation within 72 hours of the event or non-attendance on the day.

For further information see [Training: courses & strategy on the NSAB website.](#)

### **Partnership working and effectiveness seminar with Dr Adi Cooper OBE | Friday 5 October 2018, 2pm to 4pm**

**Dr Adi Cooper** ran some popular seminars in 2017 for NSAB, and is returning to Norwich to run a seminar on **partnership working and effectiveness**, and will include Making Safeguarding Personal resources, and professional curiosity.

The seminar will take place on **Friday 5 October, from 2-4pm**. West Costessey Centre, Poethlyn Drive, Queen's Hills, Norwich NR8 5BP.

Places are limited so please book early. [Click here to book a place.](#)

**\*PLEASE NOTE:** A late cancellation / non-attendance fee of £75 will apply to: cancellation within 72 hours of the event or non-attendance on the day.

We would love your opinion on what a Care Association for Norfolk could achieve. This Association will help shape care both now and in the future and there is no more important time to be part of the debate!

Please let us know when you are able to attend one of the local consultation events which will be held soon. A list of dates and links to the booking system are given below.

These sessions have been co-designed by the Norfolk Care Association Executive Steering Group, and Universities of East Anglia and Suffolk. They are all about exploring your ideas on what a Care Association for Norfolk could achieve, how it could help your work and your organisation, and contribute to positive care provision.

The ideas and responses coming from these events will help inform an online survey to be sent to all social care providers in Norfolk later this Autumn. The results of the survey together with all the other data gathered will be used to make recommendations to the Executive Steering Group on the structure of a new Care Association, how it might operate and what services it might provide

We look forward to hearing your views.

The Executive Steering Group - Shaping a Care Association for Norfolk

- Association Representing Mental health Care (ARMC)
- Norfolk and Suffolk Care Support Ltd (N&SCS)
- Norfolk County Council (NCC)
- Norfolk Independent Care (NIC)
- Norfolk Older People's Strategic Partnership

<b>Date</b>	<b>Tues 2<sup>nd</sup> October</b>	<b>Wed 3<sup>rd</sup> October</b>	<b>Thurs 4<sup>th</sup> October</b>	<b>Wed 10<sup>th</sup> October</b>	<b>Wed 17<sup>th</sup> October</b>
<b>Venue</b>	Dereham Town Football Club	Aylsham Care Trust, Aylsham	Abbey Conference Centre, Norwich	Innovation Centre, Kings Lynn	Kings Centre, Great Yarmouth
<b>AM</b>	<a href="#"><u>9.30 to 12</u></a>	<a href="#"><u>9.30 - 12</u></a>	<a href="#"><u>9.30 - 12</u></a>	<a href="#"><u>9.30 - 12</u></a>	<a href="#"><u>9.30 - 12</u></a>
<b>PM</b>	<a href="#"><u>1.30 to 4</u></a>	<a href="#"><u>1.15 – 3.45</u></a>	<a href="#"><u>1.30 – 4</u></a>	<a href="#"><u>1.30 - 4</u></a>	<a href="#"><u>1.30 - 4</u></a>

Click on the preferred session time to reach the booking page.

If you have any queries, please contact Claire Lowe at [Claire.Lowe@norfolk.gov.uk](mailto:Claire.Lowe@norfolk.gov.uk)



### **Nominations opened on 3rd September 2018 for The Norfolk Care Awards**

Nominations have now opened for the 2019 Norfolk Care Awards. The awards will take place at Sprowston Manor on Thursday 21st February 2019, and will once again be streamed live to ensure everyone across Norfolk can celebrate with those at the ceremony. This year we are pleased to announce that the Awards will be hosted by the Reverend Richard Coles (pictured).

The 2019 awards have 10 categories:

- Delivering excellence through learning and development
- Effective coordination of End of Life care
- Excellent person centred care and support
- Excellence in Delivering Dementia Care
- Collaborative Partnership
- Motivational leadership
- Promoting dignity and respect in everyday life or unpaid carer
- Rising Star
- Team Award – Together Everyone Achieved More
- Harold Bodmer Outstanding Achievement Award

To make a nomination visit <https://norfolkcareawards.co.uk/>

Media enquiries:  
Norfolk Care Awards  
Claire Gilbert [claire@norfolkcareawards.co.uk](mailto:claire@norfolkcareawards.co.uk)  
Tel: 07584047996



## **Sent on behalf of the National Care Association**

### **Minister meets National Care Association member to discuss staff recruitment.**

Recognising the substantial challenges faced by care providers regarding recruitment **National Care Association** was delighted to support one of our members to take the debate to the heart of government with a private meeting with the Minister for Care, Caroline Dinenage MP. Raj Sehgal of Armscare in rural Norfolk was able to persuade his local Member of Parliament Sir Henry Bellingham MP to seek a meeting to discuss the challenges.

**National Care Association** has been supporting Mr Sehgal over the past two years as he fought the system to restore his right to recruit staff from overseas in order to ensure that he is able to provide quality services to the service users in his care homes. Executive Chairman of **National Care Association**, Nadra Ahmed OBE, accompanied Mr Sehgal as did his solicitor Sadhana Soni of Denning Sotomayor, ensuring there was the opportunity to highlight the issue from a national perspective.

Recognising the challenges the Minister and her officials asked Mrs Ahmed and Mr Sehgal to provide her with more details so she could take the issue to her colleagues at the Home Office Minister responsible for the legislation

Mr Sehgal said he was delighted at the outcome of the meeting.

“Without the ability to recruit the best staff, it’s impossible to provide a good service to those in our care.”

Sir Henry Bellingham MP reinforced the issues for rural Norfolk ;  
Commenting on the recent Ministerial meeting Henry Bellingham said: “It really was a breath of fresh air to have a meeting with a Minister who was on top of her brief, and obviously dedicated to the very best for the care sector. At a time when the NHS is facing a recruitment crisis it is absolutely vital that the care sector remains a key pipeline for providing top quality staff into the NHS. However, they will not be able to do this if they continue to face major recruitment problems of their own. This is why it is essential the Minister wins the battle within government to enable the care sector to recruit suitable staff from the EU and further afield.”

M.P. for North West Norfolk



*Sir Henry Bellingham, Raj Sehgal (NCA member), Caroline Dinanage (Minister), Nadra Ahmed OBE (NCA Exec Chairman), Sadhana Soni (Solicitor)*

### **Extension of NHS seasonal influenza vaccination to social care workers**

NHS England have confirmed that there will be additional funding in 2018/19 to support the delivery of flu immunisation to social care workers and health and care staff in the voluntary managed hospice sector that offer direct patient/client care.

The Department of Health and Social Care is launching *Talk Health And Care* a digital platform where staff across the health and care sector can join the conversation with government about the issues which matter to them.

They are really keen that really as many staff as possible get every opportunity to hear about the platform and share their views. As such they have developed a communications toolkit for you to understand a bit more about what they are trying to do. [This can be accessed on the NCA website.](#)

---

## **Masterclasses/Workshops – Last chance to book your place**

NIC are very pleased to be working in association with Leathes Prior Solicitors to bring you the workshops/masterclasses below. Please see details below to book your place.

### LEATHES PRIOR WORKSHOP FOR CARE SERVICE PROVIDERS



Leathes Prior are running a workshop on Wednesday 19th September for care service providers, whether that be privately or to the local authority, or NHS. Experts within our various teams will be offering one-off guidance, free of charge, in order to help you mitigate the risks you face, improve your services and ensure sustainability as a business in a challenging marketplace. The day will provide the opportunity for delegates to book a session with our team, tailored to bring together the right experts depending on the guidance required. Below covers the expertise available on the day, simply let us know who you would like to see.



All you need to know to prepare for GDPR  
(Alex Saunders - Solicitor, Corporate & Commercial)



Employment considerations (NMW, Sleep in's, holiday pay etc.)  
(Gareth Stevens - Associate, Employment)



Legal update on the charging of fees after death  
(Richard Turner, Solicitor - Corporate & Commercial)



Key commercial and property considerations when selling  
(Victoria Smith, Solicitor - Commercial Property and  
Nina Ryan, Solicitor - Corporate & Commercial)



Offences involving ill-treatment or wilful neglect  
(Tej Thakkar, Associate - Regulation & Defence)



Decisions on welfare for those lacking capacity, without consent  
(Claire Wooliscroft, Solicitor - Wills, Estates & Powers of Attorney)

**Book your sessions with Alice Goldsmith at Leathes Prior on:  
01603 281164 or [agoldsmith@leathesprior.co.uk](mailto:agoldsmith@leathesprior.co.uk)**



LEATHES PRIOR  
SOLICITORS

## **Training**

Fully funded health and social care training available in Norfolk

Seetec is working with Norfolk based training provider 1st Care Training to deliver a range of health and social care training for employers in Norfolk and Suffolk. It is being funded through the European Social Fund and delivered in collaboration with New Anglia Local Enterprise Partnership.

The fully funded (subject to eligibility) health and social care training is available to businesses in the region for a limited time only.

The new programme can support care employers with:

- A dedicated consultant who'll work with you to identify skills gaps
- Fully funded qualifications and specialist training for your employees to develop new skills and competencies
- Training that's delivered at your premises to minimise disruption

Following a consultancy visit you may be able to access the following qualifications and specialist training:

- Preparing to Work in Adult Social Care
- Dementia Awareness
- Introductory awareness of models of disability
- Admission of medication to individuals with dementia using a person-centred approach
- Infection control
- Health & Social Care Act regulations
- Mental Capacity Act
- End of Life Care
- Moving and Handling
- Ethnic minorities and statistics
- Specialist Team Leadership
- Supervision training
- Management training - specifically for new registered managers or new managers
- CQC training - covering the key areas CQC look at and the responsibilities of the managers and their staff, and covering medication audits

Funded support will be given on a first come, first served basis, and the closing date for applications is 31 March 2019.

To ensure your organisation benefits from this fully funded qualifications, specialist training and support register your interest today: [enquiriesESS@seetec.co.uk](mailto:enquiriesESS@seetec.co.uk)

Contributes significantly towards Subjects 1, 4, 5, 7 and 8  
on the Dementia Standards Training Framework 2018



## EXPERIENTIAL DEMENTIA TRAINING

### Day 1: Dementia - The Wider Picture

Exploring the Brain, Different Types of Dementia, Recognising the Key Characteristics  
(including Signs and Symptoms)

### Day 2: Dementia - Distressed Behaviour / Communication

What to say when someone says.... What to do when someone does....

We are GDPR  
compliant: please  
just email if you  
do not want us to  
contact you in the  
future.

#### Dates:

12<sup>th</sup> & 13<sup>th</sup> September 2018 - **2 Places Left**  
24<sup>th</sup> & 25<sup>th</sup> October 2018  
14<sup>th</sup> & 16<sup>th</sup> November 2018  
6<sup>th</sup> & 7<sup>th</sup> December 2018



**Price: £57 per day or attend both days for a reduced price of £100.**  
9am - 4pm each day at The Willow Centre, Cringleford, Norwich NR4 7JJ  
(The days are designed to be booked as a two-day workshop)

To find out more and to book your place please contact Claire Gilbert  
on 07584 047996 or email [claire@carerite.co.uk](mailto:claire@carerite.co.uk)



### Diabetes Open Workshops

*run by*

*an experienced diabetes specialist nurse, who also works within the NHS*

### Diabetes Awareness Training £50pp

15 October 2018

(9.30am-1.30pm)

Fakenham Sports & Fitness Centre

### Diabetic Foot Screening £50pp

1 October 2018

(1.30pm-4.30pm)  
Great Yarmouth & Waveney CCG offices, Beccles House

8 November 2018  
(9.30am-12.30pm)  
Extra Hands Home Care, Horsham St Faith

For more information  
<https://www.duetdiabetes.co.uk/workshops>  
01799 584178  
[info@duetdiabetes.co.uk](mailto:info@duetdiabetes.co.uk)

## **Events**

### **New Programme Launches To Help Those With Dementia And Their Carers THEATRE CARES**

A brand new programme of events and workshops is under way at Norwich Theatre Royal for those people living with dementia and their carers.

Based at the Stage Two building, it aims to provide a safe space for people to have fun through one-off activities which will each be led by experienced practitioners. Each one will be very relaxed and set to a leisurely pace with just a small number of people taking part.

The next one is on October 2 which brings the chance to dance, socialise or just soak up the atmosphere. Time To Dance, which also runs on March 5, will feature music, games, dancing, and the option to dress up, with tea and cake too. The sessions will be run by Glass House Dance and feature themes of Hollywood musicals in October and Under The Sea in March.

Artists from the internationally renowned opera company Glyndebourne's Raise Your Voice Program will present an afternoon of singing, storytelling and music making on November 6. Those taking part can find out what it is like being part of an opera chorus.

There is the chance to get festive on Tuesday 18 December with a panto tea. Some of the cast and crew of this year's Norwich Theatre Royal pantomime Aladdin will be guests of honour for an afternoon of live music, Christmas tea and cakes.

And there are also two further events confirmed for February. There is the chance to create some art on the unlikely canvas of Bakewell tarts on the 5<sup>th</sup> followed by the multi-sensory journey through the seasons entitled The Garden on the 12<sup>th</sup>. In addition to these activities, the Theatre Royal will also be presenting the play Still Alice on October 2-6. Sharon Small (The Inspector Lynley Mysteries, Trust Me) will

play Alice Howland, a successful Harvard professor who contracts Alzheimer's at the age of 60. The play examines how this affects her, her family and her work. A previous run of the play at the West Yorkshire Playhouse attracted critical acclaim. While this production is not specifically for people living with dementia, everyone is welcome to attend.

Sam Patel, the theatre's community participation manager, said: "Theatre Cares has been possible through the Christmas Appeal last year. Following our Creative Matters season on Caring for Dementia in May, we have developed an exciting programme of outstanding practitioners to offer monthly workshops. Theatre Cares is about a positive shared experience between the person living with dementia and a carer or companion."

For more information and to book, log onto [ntr.org.uk/TheatreCares](http://ntr.org.uk/TheatreCares)

**Contact:**

John Bultitude, Norwich Theatre Royal communications manager, on 01603 598521 or [j.bultitude@theatreroyalnorwich.co.uk](mailto:j.bultitude@theatreroyalnorwich.co.uk)



**NOPF**  
Norwich Older People's Forum

**Annual event**

Lots of  
useful  
information  
stands

**Wednesday 3 October 2018**

The Halls, St Andrews Plain, Norwich, NR3 1AU

## **Crossing the generations**

where young and old meet together

**10:00am:** AGM

**10:10am:** refreshments

**10:30am:** Students from The Garage  
will give a presentation and  
we will hear from organisations  
running intergenerational  
projects in Norwich

**1pm:** light lunch

Please come along and bring a friend

Supported by



**JARROLD**  
The John Jarrold Trust

