



## **Nominations open today 2<sup>nd</sup> September 2019 for The Norfolk Care Awards**

The Norfolk Care Awards team are pleased to announce nominations for the 7th Norfolk Care Awards open today, the 2nd September 2019 and close at 12 noon on the 15th November 2019.

Claire Gilbert and Tracy Wharvell from the Norfolk Care Awards team, says:

'It is incredible to think this is our seventh year of putting on this event, which raises the profile of working in care and supporting people to live their lives. We are humbled and impressed each year when we visit services – there is some great practice in Norfolk. This event enables us to 'give back', to the care sector, which we are both incredibly proud to be associated with, allowing us to say a big 'Thank You' to all the unsung heroes.

This event could not take place without the support of organisations who understand the importance of the work undertaken in social care. We are delighted Gordon Barber Funeral Homes, UEA, City College Norwich, Athena Care, Libby Ferris Flowers, Birketts, Grant Thornton UK LLP, Norfolk County Council, STP, Food Care Systems, Ashton Legal, Organ Donations and Boots recognises the care sector's fantastic workforce by supporting this event.

Norfolk County Council is delighted to support the Norfolk Care Awards once again. We want to celebrate the excellent work carried out every day by Norfolk's

carers and care providers. It is important to acknowledge the expertise and commitment of carers, and we are proud to be sponsoring two awards: the Team Award and the Harold Bodmer Award. We have introduced a special bursary, of £1000, for the award winner of the categories we are sponsoring, which is for the further education and training for the award winners and their organisation.

The Norfolk Care Awards will take place at Sprowston Manor on 20th February 2020, and will be 'streamed live', to ensure everyone across Norfolk can celebrate with you.

To make a nomination visit [www.norfolkcareawards.co.uk](http://www.norfolkcareawards.co.uk)

The Norfolk Care Awards have ten categories:

- Delivering excellence through learning and development
- Effective coordination of End of Life care
- Excellent person-centred care and support
- Excellence in Delivering Dementia Care
- Collaborative Partnership
- Motivational leadership
- Promoting dignity and respect in everyday life or unpaid carer
- Rising Star
- Team Award – Together Everyone Achieved More
- Harold Bodmer Outstanding Achievement Award

Media enquiries:

Norfolk Care Awards

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Tel: 07584047996

## **Information**



**Norfolk** County Council

### **Norfolk Safeguarding Adults Board**

***NEW*** news items & important updates have been posted on Norfolk SAB's website, including publication of the revised **NHS Safeguarding Accountability & Assurance Framework**.

*Please cascade to your colleagues, contacts and networks thank you.*

## NEWS ITEMS

- *An analysis of alcohol-related Safeguarding Adult Reviews published in 2017* | 29 August 2019
- *Job vacancy: Anti Trafficking Network Coordinator - British Red Cross* | 29 August 2019
- *Domestic homicide: eight steps* | 28 August 2019
- *Revised NHS Safeguarding Accountability & Assurance Framework published* | 21 August 2019
- *Board Manager's August 2019 blog: NSAB's one small step* | 20 August 2019

Please go to: [Norfolk Safeguarding Adults Board \(NSAB\) then click on news](#)

## Training

**DEMENTIA DETECTIVES:**  
Finding the person within

**Day 1: Dementia – The Wider Picture**  
Exploring the Brain, Different Types of Dementia, Recognising the Key Characteristics (Including Signs and Symptoms)

**Day 2: Dementia - Distressed Behaviour / Communication**  
What to say when someone says... What to do when someone does...

**Dates:**

- Tuesday 30th July & Wednesday 31st July 2019
- Tuesday 28th August & Wednesday 29th August 2019
- Tuesday 22nd October & Wednesday 23rd October 2019
- Tuesday 26th November & Wednesday 27th November 2019
- Tuesday 3rd December & Wednesday 4th December 2019

**Price:** £57 per day or attend both days for a reduced price of £100. 8.45am – 4pm each day at The Willow Centre, Coltingford, Norwich NR4 7JL. (The days are designed to be booked as a two-day workshop)

To find out more and to book your place please contact Claire Gilbert on 07584 047996 or email [claire@carerite.co.uk](mailto:claire@carerite.co.uk)

Contributor significantly exceeds Subjects 1, 4, 5, 7 and 9 in the Dementia Standards Training Framework 2018

Community Development

CLARE GILBERT

## ORAL CARE TRAINING

The CQC June 2019 report on Oral Health in Care Homes recommends all care staff are trained in oral care



Smiling matters

Oral health care in care homes

Oral Care Training for Care Settings delivered by Joy Hynes a practicing Dental Hygienist & Dental CQC Inspector

### NORWICH

21st October

The Oaklands  
89 Yarmouth Road  
Norwich  
NR7 0HH

£55pp + VAT

09:00am - 11:15am

11:30am - 13:45pm

14:15pm - 16:30pm

### IPSWICH

14th October

Greshams  
312 Tuddenham Rd  
Ipswich  
IP4 3QJ

### CAMBRIDGE

22nd October  
Venue TBC

### CHELMSFORD

15th October

Ashwells Sports & Country Club,  
Ashwells Road  
Brentwood  
CM15 9SE

### LINCOLN

29th October  
Venue TBC

01508 447311 / 01603 574079

info@angliantraining.co.uk www.angliantraining.co.uk



## FREE DEMENTIA TRAINING WORKSHOPS

For family carers and those who come into contact with people with dementia through their work

The training workshop consists of one 2 hour session covering:

1. Alzheimer's Disease & Other Dementia's – gives participants a good basic understanding of the condition, its symptoms and impact on behaviour.
2. Capturing Life's Journey – introduces the benefits of recording information about the life of the person and shows how this can be used to provide high quality care.
3. Techniques to Manage Behaviours – demonstrates how some understanding together with a number of simple techniques can have a very positive impact on the individual and carer alike.
4. Activities to Encourage Engagement – provides understanding, ideas and techniques to help the carer engage the person with dementia.

The workshops are run from the Home Instead Senior Care training suite in Norwich and are free of charge. Places are limited to provide a friendly, comfortable and welcoming environment. Alternatively we can come out to your organisation to run a session. Workshops are being run on the following dates:

Tuesday 10<sup>th</sup> September at 14:00

Thursday 3<sup>rd</sup> October at 14:00

Thursday 14<sup>th</sup> November at 10:00

For more information or to reserve a place please email Mark Johnston at [mark.johnston@homeinstead.co.uk](mailto:mark.johnston@homeinstead.co.uk) or call 07776 060837

### **Information**

#### **From NCC Development Worker Team**

Mental capacity is a topic which came up during some recent work. We thought it would be helpful to share some information resources:

Consent leaflets – easy read

<https://www.nhsdirect.wales.nhs.uk/easyreads/articlelist/Consent>

Assessing mental capacity (card) – they can be ordered through our Health Information Leaflet Service team

<https://brochure.norfolklivingwell.org.uk/product/assessing-mental-capacity-card>

Mental Capacity (Amendment) Bill: easy read

<https://www.gov.uk/government/publications/mental-capacity-amendment-bill-easy-read>

Social care institute for excellence: Mental capacity videos on Social Care TV

<https://www.scie.org.uk/socialcaretv/topic.asp?t=mentalcapacity>

<https://www.mind.org.uk/information-support/legal-rights/mental-capacity-act-2005/#.XVvGjxgovIU>

### **Support your patients/clients by telling them about taking part in dementia research**

Taking part in dementia research can offer hope and support to patients and families, as well as allow them access to new treatments and therapies. Importantly, research is the only way we are going to improve treatments and hopefully find a cure for dementia one day. The only way we can carry out vital research is with volunteers, that's why it's important to talk to your patients about research opportunities. In your next appointment, try asking your patient/client if they are interested in taking part in research, if yes, tell them about Join Dementia Research (JDR). JDR is a national scheme which allows anyone over 18 to match to local and national studies.

For more information visit the [website](#), or if your team would like to hear more about dementia research, our Join Dementia Research Co-ordinator, Helen Morse ([helen.morse@nchc.nhs.uk](mailto:helen.morse@nchc.nhs.uk)) is more than happy to come and talk at team meetings. Get in touch if you would like **free** leaflets and posters about dementia research to give to patients/display within your service.

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**Helen Morse**

**Join Dementia Research Co-ordinator** | CRN  
Eastern | NIHR Clinical Research Network  
(CRN)

**NIHR** | National Institute  
for Health Research

**Events**



## Hypo Awareness Week 2019

September 30 to October 6

*This project has been funded by Sanofi who have had no input into any arrangements or content.*

A message from Oliver Jelley who organises this national campaign:

We're busy preparing for Hypo Awareness Week 2019. The annual campaign to raise awareness of hypoglycaemia in the UK and Ireland by educating healthcare professionals will take place between September 30 and October 6.

The Hypo Awareness Week Excellence Award will be part of the QIC Diabetes awards programme, with the winner due to be announced at the awards ceremony which takes place on Thursday, October 17.

Again, the core of the campaign will focus on secondary care but we will also be looking to work with primary care and care provider colleagues to widen the campaign and get the important message about hypo awareness out into the community.

As in previous years, participating organisations need to register. They will be sent a printed pack\* and a link to an electronic pack of materials and encouraged to hold activities and training throughout the week.

If you have not yet registered for Hypo Awareness Week 2019, please follow the instructions below:

### Register:

To take part, email [oliver.jelley@ojcr.co.uk](mailto:oliver.jelley@ojcr.co.uk) and provide the following information:

- Lead organiser's name
- Name of trust/organisation
- Number of participating sites
- Address for printed pack\*
- Numbers of t-shirts required\* (10 per registration site available – if stocks last!)
- Telephone number

[\*printed packs & t-shirts are limited due to an overwhelming response this year, but access to online resources will be available to assist in increasing knowledge and to support your activities]

*This project has been funded by Sanofi who have had no input into any arrangements or content.*



**Oliver Jelley / Managing Director**  
07803 003811 / [oliver.jelley@ojcr.co.uk](mailto:oliver.jelley@ojcr.co.uk)

Orange Juice Communications 01604 882342  
Catherine House, Harborough Road, Brixworth, Northampton, Northamptonshire, NN6 9BX  
<http://orangejuicecr.co.uk>

# Senior Friendship Group



Come along and make new friends, have a cup of tea and enjoy new activities each month. We welcome all including those with memory loss or other health conditions. There is no charge for attending.



The group is organised and facilitated by Mark Johnston

Date	Activity
12 <sup>th</sup> June	Come and meet us. Looking at reminiscence kits and quiz
10 <sup>th</sup> July	Board and card games
14 <sup>th</sup> August	Holiday photo's and making holiday collage
11 <sup>th</sup> September	Musical based games and activities
9 <sup>th</sup> October	Pets and animals theme
13 <sup>th</sup> November	Visit from local school children
11 <sup>th</sup> December	Making Christmas cards and Christmas carols

Second Wednesday of each month from 10:30am to 12:00 noon at Hellesdon Library.

Please contact Home Instead Senior Care on 01603 482116 for more information.



Norfolk County Council

