



Norfolk Safeguarding Adults Board

**07 May
2019**

Here's a great way to start back to work after your bank holiday break, have a read of my May blog – *Choosing the right 'safeguarding gear'* – just posted on the NSAB website.

Click on this link to download your copy:

[Norfolk Safeguarding Adults Board: from the homepage click on Board Manager's Blog](#)

Please cascade to your colleagues, contacts and networks thank you.

NSAB now has 947 Twitter following, help us reach 1000! Join us today – @NorfolkSAB

News from CQC

Update

Our update for providers of adult social care services

April 2019

Interim Chief Inspector's column

In her final column as Interim Chief Inspector, Debbie Westhead reflects on the importance of keeping connected with each other, outstanding practice, and her front line care career.

[Read more here.](#)



Join CQC's digital participation platform!

We are piloting a different way of gaining your feedback and ideas to shape our work – a digital platform. You will be able to get involved in different ways: sharing your feedback through discussions, reviewing documents, responding to surveys, posting your own ideas, and voting and commenting on the ideas of others.

This is a pilot so we'll be collecting views throughout on what people think and how we could make it even better!

How do I sign up? It's easy! Follow the instructions on the [sign up page](#).

You can use an email address or your Google or Facebook account. We'll also ask you a few questions about what groups you represent and what health and social care services you use, work in or are interested in. This information is important to us because it will help us make sure you see the participation opportunities that are relevant to your interests.



New Medicines FAQ

We have published a new [Medicines FAQ](#) on [Handling Sharps in Adult Social Care](#) to help providers understand their health and safety responsibilities as an employer in relation to the handling of needles in social care settings, including when providing support in people's own homes.

Needlestick accidents are one of the biggest causes of occupational injury in the healthcare sector

and whilst there is limited data on the number of accidents in the adult social care sector, we want to make sure providers are aware of the issue and informed about good practice that will help reduce the risk of this type of avoidable injury occurring to their staff and people who use services.

The FAQ has been developed with input from the [Safer Needles Network](#) which includes representatives from the Health and Safety Executive, adult social care and NHS providers and trade unions.

NHS Digital 'Social Care Digital Pathfinders Grant'

On April 1 NHS Digital announced the 'Social Care Digital Pathfinders Grant' was open for applications, which invites organisations that provide and commission adult social care services to bid for a share of £4.8 million to “enable them to roll out their local digital projects on a wider scale”.

Applications must be submitted by Wednesday 22 May and the selected applications will begin with a four month development phase, followed by a 13 month implementation phase if development is successful.

For more information please visit the [NHS Digital website](#).

Improved guidance on how to display your ratings

Ratings help people find out about the quality of health and care services. It is a legal requirement for services to display their rating at each location delivering a regulated service and, if applicable, on their website.

[We have improved our guidance on how services can comply with the regulation.](#)

Events

- On 1 May Ian Trenholm, Chief Executive, and Debbie Westhead, Interim Chief Inspector of Adult Social Care, will be part of a panel at the ADASS annual spring seminar, discussing sustainability in adult social care. More information can be found [here](#).
- On 14 May Debbie Westhead will be a keynote speaker at [The Southern Care Show](#), held at Farnborough Conference Centre.
- We'll be exhibiting at the [Royal College of Nursing Congress](#) between Sunday 19 May and Wednesday 22 May in Liverpool. Come and talk to the inspectors on our stand if you have any questions you would like to ask us!

Debbie Westhead's career as a front line care worker

Debbie has written a blog for the National Association of Care and Support Workers about her career as a front line care worker and how these experiences made her who she is today. [Read the full blog.](#)



"At 17 I got a care assistant role in a brand new purpose built care home; the first of its kind back in the 80s. I had so much fun there working with people from all walks of life; people who had worked as caretakers in schools to people who had been University lecturers! Talking to all these people opened my eyes up to a different world - hearing their stories and the range of experiences they'd all had was fascinating."

Debbie Westhead
Interim Chief Inspector of Adult Social Care



www.cqc.org.uk

What the pre-election period means for CQC

CQC, as a public body, has to respect the pre-election period due to local elections taking place on 2 May. This means that there are restrictions on what we are allowed to publish and announce in the period before these elections. We can, however, continue our 'business as usual' activity – delivering our regulatory role.

As the regulatory of health and adult social care, we will continue to regulate, monitor, and inspect services to make sure people are receiving safe, high-quality and compassionate care and to encourage improvement. We will also continue to take enforcement action against providers that are not delivering the care that we expect from them.

Further information can be found in this [news story](#).

Reporting to the LeDeR programme

The Learning Disabilities Mortality Review (LeDeR) programme aims to make improvements to the lives of people with learning disabilities. It is delivered by the University of Bristol and commissioned by the healthcare Quality Improvement Partnership (HQIP) on behalf of NHS England.

A key part of the programme is to support local areas to review the deaths of people with learning disabilities to take forward any lessons learned and make improvements to service provision.

All deaths of people with learning disabilities should be notified to the LeDeR team. This is to help determine the numbers of people with learning disabilities who die each year, and their characteristics. For more information, [visit the LeDeR programme website](#).

Other news

- Kate Terroni, CQC's new Chief Inspector of Adult Social Care starts her role on 1 May.
- NICE has published a [summary](#) bringing together all its recommendations and safety advice on the drug valproate.
- We have added further prompts to some statutory notification forms. [Read the full update](#).
- Read Deputy Chief Inspector of Registration Joyce Frederick's [latest Care Management Magazine column](#).

Follow us on Twitter!

Keep up with our work with professionals and provider organisations in England by following us on Twitter [@CQCProf](https://twitter.com/CQCProf).



Training

Contributes significantly towards Subjects 1, 4, 5, 7 and 8 on the Dementia Standards Training Framework 2018

DEMENTIA DETECTIVES: Finding the person within

Day 1: Dementia - The Wider Picture
Exploring the Brain, Different Types of Dementia, Recognising the Key Characteristics (including Signs and Symptoms)

Day 2: Dementia - Distressed Behaviour / Communication
What to say when someone says.... What to do when someone does....

Dates:

- Tuesday 11th June & Thursday 13th June 2019
- Tuesday 30th July & Wednesday 31st July 2019
- Tuesday 20th August & Wednesday 21st August 2019
- Tuesday 22nd October & Wednesday 23rd October 2019
- Tuesday 26th November & Wednesday 27th November 2019
- Tuesday 3rd December & Wednesday 4th December 2019

Price: £57 per day or attend both days for a reduced price of £100. 8.45am - 4pm each day at The Willow Centre, Cringleford, Norwich NR4 7JL (The days are designed to be booked as a two-day workshop)

To find out more and to book your place please contact Claire Gilbert on 07584 047996 or email claire@carerite.co.uk

Book 2 places and get a 10% discount!

We can offer a 10% discount for carers of people with dementia if you are currently in receipt of a carer's allowance or carer's credit for the person you care for.

Carerite Training



Upcoming Open Workshops – Norfolk & Waveney

Run by an experienced diabetes specialist nurse who also works within the NHS

Diabetes Awareness Training, £50pp:

April/May 2019*; Norwich area - please contact us to register your interest

5 July 2019*; Beccles House, 1 Common Lane North, Beccles, NR34 9BN

**followed by optional BGM & Glucometer Training (with competency assessment) after lunch, £40pp.*

Diabetes Update for Registered Nurses, £65pp:

23 May 2019; Beccles House, 1 Common Lane North, Beccles, NR34 9BN

(to coincide with national INSULIN SAFETY WEEK 20-26 May 2019 **£58pp**)

June 2019; Norwich area – please contact us to register your interest

Diabetic Foot Screening, £50pp:

June 2019; Norwich area – please contact us to register your interest

7 June 2019; St David's Nursing Home, 52 Common Lane, Sheringham, NR26 8PW

Oct 2019; Beccles House, Beccles, NR34 9BN - please contact us to register your interest

Diabetes & Healthy Eating, £32pp:

June 2019 during 'Diabetes Awareness Week'; Norwich area – please contact us to register your interest

More information, including the content of all our workshops, can be found at <https://www.duetdiabetes.co.uk/workshops>

Or contact us: info@duetdiabetes.co.uk 01799 584178

Additional workshops for the Norwich area are currently being arranged for April, May and June – if you are potentially interested please get in touch.

Our workshops can also be delivered in house at your place of work for up to 12 people, please contact us for price

Diabetes Awareness week 10-16 June 2019

This is an annual UK-wide event set up by the charity [Diabetes UK](http://DiabetesUK.org) with the week devoted to raising awareness of diabetes and raising money to help fund research into the condition. The theme for this year is yet to be announced. Lots of activities and events will be taking place across the UK and we would encourage all health and social care providers to get involved.

On the first day of this national campaign, DUET diabetes is running two workshops in Dereham:

Date: 10 June 2019

Venue: St Nicholas House Care Home, Littlefields, Dereham NR19 1BG

Cost: Diabetic Foot Screening (including competency assessment) £50 per person, Diabetes & Healthy Eating £32

Time: Diabetic Foot Screening 9.30am – 1pm, Diabetes & Healthy Eating 2.30pm-4.30pm

Information regarding the content of the DUET diabetes workshops can be found at <https://www.duetdiabetes.co.uk/workshops>

Or contact: info@duetdiabetes.co.uk 01799 584178

Workshops can also be delivered in house at your place of work for up to 12 people, please contact DUET diabetes for prices

DUET diabetes Ltd has learning provider endorsement from Norfolk & Suffolk Care Support Ltd.”I

Information

The State of Ageing in 2019: Adding life to our years

Our report gives a snapshot of ageing today and in the future, focusing on the areas we know make a difference to people’s later lives.

We are experiencing a colossal demographic shift, living ten years longer than our parents’ generation on average and nearly two decades longer than our grandparents’ generation. This social revolution has implications for every part of our society and how we think about and live our lives.

How prepared is society for our longer lives? Our new report, 'The State of Ageing in 2019', uses publicly available data to give a snapshot of what life is like for people aged 65 and older today. It also investigates the prospects for people currently in their 50s and 60s looking across four crucial areas: work and finances, housing, health and communities.”

<https://www.ageing-better.org.uk/publications/state-of-ageing-2019>

Events

Care For Norfolk Conference 2019 22nd May 2019 - 09:30am - 16:00pm Norwich City Football Club	
Top of the Terrace Theatre	Norfolk Lounge Theatre
 10:00am - Claire Gilbert Leadership & Management within Health & Social Care	 10:15am - Heather Edwards Capturing identities in sound
 10:45am - Outstanding Panel What you can do to make your service outstanding	 11:00am - Christine Futter (Norfolk & Suffolk Care Support) Nursing Associates Programme
 11:30am - Walter Lloyd-Smith (Norfolk Safeguarding Adults Board) New Safeguarding Framework	 11:45am - Jennifer Bute How to best support people with dementia - from a GP diagnosed with dementia
 12:15pm - Emma Hammond (Norfolk County Council) Staff Recruitment & Retention	 12:30pm - Outstanding Panel What to look for when trying to source quality care
 13:45pm - Nadra Ahmed OBE (National Care Association) TBC	 14:00pm - Helen Stephen DUET diabetes Diabetes and healthy eating: getting the balance right
 14:30pm - Dr Fiona Headley Electronic medicines management and use of data for better care	 14:45pm - Mick Feather How to prepare for your next CQC Inspection - from an ex inspector
 15:15pm - Irene Karrouze & Kayleigh Attew Are you ready for when the fax is axed? how to get your NHS email account	<div style="border: 1px solid black; padding: 5px; text-align: center;">To book your free tickets visit www.carefornorfolkconference.co.uk 01603 574079</div> <p>Sponsored by  ANGLIAN TRAINING</p>

Insulin Safety Week (ISW) 20-26 May 2019

The organisers of this national campaign are keen to reach out to care providers looking after people who require insulin. After a very successful inaugural year in 2018, we would encourage care homes to get involved by registering and take part to raise awareness amongst colleagues, families and patients/residents/service users. Like hospitals and GP practices, care homes can run events and activities to improve understanding and reduce insulin errors. Organisations who register will

receive various resources (both on-line and printed items) to support their events, as well as balloons and t-shirts to help promote their actions. #THINKINSULIN

<https://insulinsafetyweek.com/>

INVITATION

I would like to invite you and or representatives of your teams to a networking morning between the NSFT Adult services of West Norfolk and Third Sector Organisations.

The theme of the morning will be **Suicide Prevention** and the clinical teams will work with representatives of the Third Sector and Voluntary Organisations to raise awareness of what teams do and begin to talk about how they can work together to improve patient safety by working through areas of learning identified by the patient safety team.

The Networking Day will be held on **Tues 4th June 2019 09:30hrs- 13:30 at South Lynn Community Centre, 10 St Michaels Road, Kings Lynn PE30 5HE**

The Trust will aim to have clinical representatives from each Mental Health Service across West Norfolk.

We would very much value your attendance and input at this event. Please could you confirm your place before the 20th May 2019 by emailing Liz.Howlett2@nsft.nhs.uk. Please do share the invitation with your colleagues.

Kind regards

Katrina Squires
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Norfolk and Suffolk Foundation Trust
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PE30 5PD