



## Training



### Upcoming Open Workshops – Norfolk & Waveney

*Run by an experienced diabetes specialist nurse who also works within the NHS*

**Diabetes Awareness Training, £50pp:**

April/May 2019; Norwich area - please contact us if interested\*

**Diabetes Update for Registered Nurses, £65pp:**

23 May 2019; Beccles House, Beccles, NR34 9BN

(to coincide with national INSULIN SAFETY WEEK 20-26 May 2019) **£58pp**

**Diabetic Foot Screening, £50pp:**

April/May 2019; Norwich area – please contact us if interested\*

7 June 2019; St David's Nursing Home, 52 Common Lane, Sheringham, NR26 8PW

Sept 2019; Beccles House, Beccles, NR34 9BN - please contact us if interested\*

\* More dates are planned for Norfolk for all our open workshops in 2019 – please register your interest so that we can ensure venues are suitable for those looking to attend.

More information, including the content of all our workshops, can be found at

<https://www.duetdiabetes.co.uk/workshops>

Or contact us: [info@duetdiabetes.co.uk](mailto:info@duetdiabetes.co.uk) 01799 584178

Additional workshops for the Norwich area are currently being arranged for April, May and June – if you are potentially interested please get in touch.

Our workshops can also be delivered in house at your place of work for up to 12 people, please contact us for prices



## FREE DEMENTIA TRAINING WORKSHOPS

For family carers and those who come into contact with people with dementia through their work

**The training workshop consists of one 2 hour session covering:**

- 1. Alzheimer's Disease & Other Dementia's – gives participants a good basic understanding of the condition, its symptoms and impact on behaviour.**
- 2. Capturing Life's Journey – introduces the benefits of recording information about the life of the person and shows how this can be used to provide high quality care.**
- 3. Techniques to Manage Behaviours – demonstrates how some understanding together with a number of simple techniques can have a very positive impact on the individual and carer alike.**
- 4. Activities to Encourage Engagement – provides understanding, ideas and techniques to help the carer engage the person with dementia.**

**The workshops are run from the Home Instead Senior Care training suite in Norwich and are free of charge. Places are limited to provide a friendly, comfortable and welcoming environment. Alternatively we can come out to your organisation to run a session. Workshops are being run on the following dates:**

**Wednesday 17<sup>th</sup> April at 14:00**

Wednesday 22<sup>nd</sup> May at 10:00

Tuesday 2<sup>nd</sup> July at 14:00

For more information or to reserve a place please email Mark Johnston at [mark.johnston@homeinstead.co.uk](mailto:mark.johnston@homeinstead.co.uk) or call 07776 060837

## Events



**Care For Norfolk Conference 2019**  
22nd May 2019 - 09:30am - 16:00pm  
Norwich City Football Club

The Care for Norfolk conference is free to attend and will be of particular interest to those involved in the Health & Social Care in Norfolk, whether this be as a Care Service, Professional or Individual seeking care. The conference will have both an exhibition area and a number of guest speakers.

### Speakers include....



**Nadra Ahmed OBE**  
Chair of National Care  
Association



**Jennifer Bute**  
ex GP Experiencing  
Dementia



**Mick Feather**  
Head of Care - Citation  
ex CQC



**Helen Stephen**  
Duet Diabetes



**Christine Futter**  
COO Norfolk & Suffolk  
Care Support



**Walter Lloyd-Smith**  
Norfolk Safeguarding  
Adults Board Manager

For more info and to register for free tickets visit  
[www.carefornorfolkconference.co.uk](http://www.carefornorfolkconference.co.uk)

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### **Insulin Safety Week (ISW) 20-26 May 2019**

The organisers of this national campaign are keen to reach out to care providers looking after people who require insulin. After a very successful inaugural year in 2018, we would encourage care homes to get involved by registering and take part to raise awareness amongst colleagues, families and patients/residents/service users. Like hospitals and GP practices, care homes can run events and activities to improve understanding and reduce insulin errors. Organisations who register will receive various resources (both on-line and printed items) to support their events, as well as balloons and t-shirts to help promote their actions. #THINKINSULIN

<https://insulinsafetyweek.com/>