



Residential and Nursing Care Event: Developing the Future Together

2019 will see major developments in how Norfolk County Council works with care and nursing homes, and we want to ensure you have a confident and clear idea of what is happening.

We invite you to join us at one of our workshops taking place in late-February to learn about:

- Our older peoples strategy for care and nursing homes
- The new framework contract for this sector
- Tools we are launching to enable us to work together more efficiently and effectively
- Projects to improve the quality of care

We also want your contributions to shape the future of the residential and nursing care sector as we bring together commissioning intentions to meet Norfolk's future care needs and develop innovative, affordable and sustainable services.

We invite registered managers, owners and senior decision makers in your organisation to join us at one of the following events (please follow the links to register). Registration will start from 9, with time for some initial networking before a 9:30 start.

- [Register for 25 February in Norwich at the Abbey Conference Centre, 9:00-13:00](#)
- [Register for 26 February in Fakenham at the Racecourse, 9:00-13:00](#)
- [Register for 28 February in Great Yarmouth at the Kings Centre, 9:00-13:00](#)

Over the coming weeks we will be sharing further information on what is happening in the older peoples residential and nursing sector and we invite you to take part in a survey that will shape the discussions at these events. (please see info below)

Please register for one of the events, providing your name and the organisation you represent. And in the meantime, if you want to learn more the current state of the care market please take a look at our latest [Market Position Statement](#).

Norfolk County Council: Residential and Nursing Care Provider Survey and Workshops

Norfolk County Council invite providers to [complete our survey](#) and contribute to the review of our residential and nursing care home contract for older people.

Since its introduction in 2018 we have worked with colleagues across social care and health to review the contract's terms and conditions and service specification. Together with provider feedback captured from engagement events held across Norfolk last spring, we have identified several areas that would benefit from further feedback and input in order to build a greater understanding of how we want to deliver care moving forward.

[Click here to complete the survey.](#)

We appreciate your time and value your views in this work. This anonymous survey is intended to provide you with an opportunity to contribute to the review and clarify the Council's expectations on the quality of service delivery and outcomes-based care for all residents.

News from Safeguarding Adults Board

I have just posted my February blog – *Grand Designs? How you can help us build Norfolk's safeguarding adult board's architecture* – on the NSAB website.

Please have a read, click on this link to download a copy:

[Norfolk Safeguarding Adults Board: Board Manager's Blog](#)

NEW news items have been posted on Norfolk SAB's website

Please cascade to your colleagues, contacts and networks thank you.

NEWS ITEMS

- *Legal aid for domestic abuse victims in Norfolk* | 6 February 2019
- *Review of the Fit and Proper Person Test* | 6 February 2019
- *Research study looking at men's experience of post separation of aggression and control* | 6 February 2019
- *Webster Court: open session highlights work supporting over 50's with complex needs* | 6 February 2019

- *Help comment on Norfolk's adult mental health strategy* | 5 February 2019
- *Mental Capacity (Amendment) Bill: easy read* | 3 February 2019
- *CQC | New learning resource on hypothermia* | 31 January 2019

Don't forget:

- *New dates for NSAB's Train the Trainer Safeguarding Awareness training* | 17 January 2019

PLEASE could I ask for your help promote the **Train the Trainer awareness training** to any small or medium size organisations you work with, thank you.

Training

Contributes significantly towards Subjects 1, 4, 5, 7 and 8 on the Dementia Standards Training Framework 2018

EXPERIENTIAL DEMENTIA TRAINING

Day 1: Dementia – The Wider Picture
Exploring the Brain, Different Types of Dementia, Recognising the Key Characteristics (including Signs and Symptoms)

Day 2: Dementia - Distressed Behaviour / Communication
What to say when someone says.... What to do when someone does....

Dates:
5th & 6th February 2019 *(Last Few Places)*
13th & 15th March 2019
16th & 17th April 2019

Price: £57 per day or attend both days for a reduced price of £100.
8.45am – 4pm each day at The Willow Centre, Cringleford, Norwich NR4 7E
(The days are designed to be booked as a two day workshop)

To find out more and to book your place please contact Claire Gilbert on 07584 047996 or email claire@carerits.co.uk



Upcoming Open Training Workshops – Norfolk

Run by an experienced diabetes specialist nurse who also works within the NHS

Diabetes Awareness Training, £50pp:
Dates for 2019 - please contact us if interested*

Diabetes Update for Registered Nurses, £65pp:
Dates for 2019 - please contact us if interested*

Diabetic Foot Screening, £50pp:
8 March 2019, Beccles House, Beccles, NR34 9BN

* More dates are planned for Norfolk for all our open workshops in 2019 – please register your interest so that we can ensure venues are suitable for those looking to attend.

info@duetdiabetes.co.uk

www.duetdiabetes.co.uk

01799 584178

The full range of our workshops can be found on our website.

Our workshops can also be delivered in house at your place of work for up to 12 people, please contact us for prices

“**Diabetic Foot Screening** workshop in Beccles, 8 March 2019 – only 4 places remaining.

We have had some enquiries to run this workshop in the Norwich area and also in North Norfolk – please email info@duetdiabetes.co.uk to register your interest so that you can be informed directly once dates and venues have been arranged.”

Information/Events

Rethink advice and information service

Welcome to Rethink Mental Illness. We help millions of people affected by mental illness by challenging attitudes, changing lives. Here is just a selection about what we do, and what it means for you.

Who are we?

We believe a better life is possible for millions of people affected by mental illness.

Over 40 years ago, one man bravely spoke about his family’s experiences of mental illness [in a letter to the Times](#) and in the process brought together hundreds to talk about their experiences of mental illness and support each other.

Today we directly support almost 60,000 people every year across England to get through crises, to live independently and to realise they are not alone. And we change attitudes and policy for millions.

Advice and information

[We provide expert, accredited advice and information](#) to everyone affected by mental health problems. When mental illness first hits you or your family, it can be hard to know who or what to trust. We give people clear, relevant information on everything from treatment and care to benefits and employment rights. We were the first mental health charity to gain the [Information Standard](#) for our trusted and relevant information.

Services and groups

We have over 200 [mental health services](#) and 150 [support groups](#) across England. From psychological therapies and Crisis and Recovery Houses to peer support groups and housing services, we directly help thousands of people every year across England. [Find out what we have near you](#). Over 90% of people using our services say they are respected, listened to and get the right kind of support. If you want support online instead, go to our pages on [Facebook](#) and [Twitter](#). It's easy to find a good supportive chat or lively debate going on every single day.

Advice & Information Service

Our Advice Service offers practical help on issues such as the Mental Health Act, community care, welfare benefits, criminal justice and carers rights. They also offer general help on living with mental illness, medication, care & treatment.

0300 5000 927

The line is open from 9:30am - 4pm Monday to Friday.

Online webchat

Can't get to the phone and need advice right now? Why not chat to one of our team? Our trained advisers are ready to give you practical advice, help you find what you need on our website and point you to additional places of help. Please note, we are not able to offer crisis support on this service.

The line is open from 10am – 1pm Monday – Friday.

<https://www.rethink.org/about-us>

<https://www.rethink.org/about-us/our-mental-health-advice>